

Child Trafficking Prevention Education Implementation Plan



State Board of Education Rule:	6A-1.094123 Child Trafficking Prevention Education
Name of the School District	Martin County School District
Superintendent of the School District	Laurie J. Gaylord
Implementation Period: (MM/YY – MM/YY)	01/20 – 03/20
Submission Date to the Commissioner	November 20, 2019
Direct URL to the Implementation Plan as posted on the school district website	https://www.martinschools.org/site/default.aspx?PageID=393
School District Contact(s) for this Plan <i>(name and email address)</i>	Dr. Mark C. Malham, malhamm@martin.k12.fl.us

Select the qualification(s) of the instructors:

- Florida Certified Teacher
- Community-based Expert
- School Nurse
- School Counselor
- School Psychologist
- Other

Please describe the methods for delivering the instruction for each grade level.

Grades K to 5 students will view a video, supplemented by direct-instruction through their physical education classes that are taught by certified teachers.

Grades 6 to 12 students will view a video that has been developed with Catch the Wave of Hope, a local nonprofit organization. The video will be integrated with *ClassLink*, the District’s online portal, to facilitate a certified teacher presenting the content.

Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.

Grades K-5. Using several two-to-three minute videos available through *KidSmartz*, a website endorsed by the National Center for Missing & Exploited Children, certified teachers will supplement the videos with direct instruction through the physical education (PE) classes.

Grades 6-12. The District initiated a collaborative project with Catch the Wave of Hope, a local nonprofit whose mission is to prevent sex trafficking of children through awareness, education, restoration, and legislation. The project entails an approximately 30-minute video that will be integrated with *ClassLink*, the District’s online portal. Certified teachers will facilitate dissemination through English, Health, HOPE, Social Studies courses. The video’s content includes, but is not limited to: Recognition of signs of human trafficking; (b) Awareness of resources, including national, state and local resources; (c) Information on the prevalence, nature, and strategies to reduce the risk of human trafficking, techniques to set healthy boundaries, and how to safely seek assistance.

A ready-reference card (2.5” x 4”) with emergency and additional-information requests will be provided to grades 6-12 students. Information will include a District APP and email address by which students can confidentially ask questions or ask for help. If necessary, a school guidance counselor will follow up with students who request additional information or assistance.

Mental and Emotional Health Education Implementation Plan



State Board of Education Rule:	6A-1.094121 Mental and Emotional Health Education
Name of the School District	Martin County School District
Superintendent of the School District	Laurie J. Gaylord
Implementation Period: (MM/YY – MM/YY)	01/20 – 03/20
Submission Date to the Commissioner	November 20, 2019
Direct URL to the Implementation Plan as posted on the school district website	https://www.martinschools.org/site/default.aspx?PageID=393
School District Contact(s) for this Plan <i>(name and email address)</i>	Dr. Mark C. Malham, malhamm@martin.k12.fl.us

Select the specific subject area(s) of the courses in which instruction will be delivered:			
<input type="checkbox"/> Art – Visual Arts	<input type="checkbox"/> Experimental Education	<input type="checkbox"/> Peer Counseling	<input type="checkbox"/> World Languages
<input type="checkbox"/> Computer Education	<input checked="" type="checkbox"/> Health Education	<input type="checkbox"/> Physical Education	<input type="checkbox"/> Other
<input type="checkbox"/> Dance	<input type="checkbox"/> Library Media	<input type="checkbox"/> Research/Critical Thinking	
<input type="checkbox"/> Drama – Theatre Arts	<input type="checkbox"/> Mathematics	<input type="checkbox"/> Science	
<input checked="" type="checkbox"/> English/Language Arts	<input type="checkbox"/> Music Education	<input checked="" type="checkbox"/> Social Studies	
Select the qualification(s) of the instructors for the above courses:			
<input checked="" type="checkbox"/> Florida Certified Teacher			
<input type="checkbox"/> Community-based Expert			
<input type="checkbox"/> School Nurse			
<input type="checkbox"/> School Counselor			
<input type="checkbox"/> School Psychologist			
<input checked="" type="checkbox"/> Other <i>Suite360: Mental Health</i> online program			
Please explain the rationale for delivering the instruction in the courses selected above for each grade level.			
6: World History – minimal impact to courses with standardized assessments			
7: US History – minimal impact to courses with standardized assessments			
8: Health – content related			
9: HOPE – content related			
10: World History – minimal impact to courses with standardized assessments			
11: English III – minimal impact to courses with standardized assessments			
12: English IV – minimal impact to courses with standardized assessments			

Mental and Emotional Health Education Implementation Plan



Please describe the methods for delivering the instruction for each grade level.

Grades 6 – 12 students will independently complete a self-paced computer program that provides differentiated, age-appropriate content. The program will be integrated with *ClassLink*, the District’s online portal, so students can access the program either at school or home. An administrator portal enables a certified teacher to monitor each student’s progress.

Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.

Grades 6 – 12 students will use Evolution Labs™ *Suite 360: Mental Health*, which is an online computer program consisting of seven (7) lessons that address the 10 criteria detailed in the State Board of Education Rule. Each lesson is differentiated for age-appropriate content, and consists of a 30-minute computer-based interactive activity, followed by a 15-minute self-reflection activity. Students will access the content through *ClassLink*, so students can use the program either at school or home. An administrator portal enables a certified teacher to monitor student progress. The lessons are:

- Lesson 1: Recognizing signs and symptoms of mental health disorders and reducing stigma
- Lesson 2: Prevention of mental health disorders and mental health awareness/assistance
- Lesson 3: Awareness of local and community resources and the process for accessing treatment
- Lesson 4: Strategies to develop healthy coping techniques
- Lesson 5: Strategies to support a peer, friend, or family member with a mental health disorder
- Lesson 6: Prevention of suicide
- Lesson 7: Prevention of the abuse of and addiction to alcohol, nicotine, and drugs

Each lesson includes:

1. Pre and post test questions
2. Expert-crafted, grade-appropriate content
3. A plan to H.E.L.P. others
 - Help as soon as you can
 - Empathize with the person
 - Listen without trying to fix it
 - Plan your next steps
4. A plan to A.C.T. for themselves
 - Apply coping strategies
 - Consider your options for help.
 - Talk to a person you trust
5. Local and national resources

A ready-reference card (2.5” x 4”) with emergency and additional-information requests will be provided to each student. Information will include a District APP and email address by which students can confidentially ask questions or ask for help.

Substance Abuse Implementation Plan



State Board of Education Rule:	6A-1.094122 Substance Use and Abuse Health Education
Name of the School District	Martin County School District
Superintendent of the School District	Laurie J. Gaylord
Implementation Period: (MM/YY – MM/YY)	01/20 – 03/20
Submission Date to the Commissioner	November 20, 2019
Direct URL to the Implementation Plan as posted on the school district website	https://www.martinschools.org/site/default.aspx?PageID=393
School District Contact(s) for this Plan <i>(name and email address)</i>	Dr. Mark C. Malham, malhamm@martin.k12.fl.us

Select the specific subject area(s) of the courses in which instruction will be delivered:			
<input type="checkbox"/> Art – Visual Arts	<input type="checkbox"/> Experimental Education	<input type="checkbox"/> Peer Counseling	<input type="checkbox"/> World Languages
<input type="checkbox"/> Computer Education	<input checked="" type="checkbox"/> Health Education	<input checked="" type="checkbox"/> Physical Education	<input type="checkbox"/> Other
<input type="checkbox"/> Dance	<input type="checkbox"/> Library Media	<input type="checkbox"/> Research/Critical Thinking	
<input type="checkbox"/> Drama – Theatre Arts	<input type="checkbox"/> Mathematics	<input type="checkbox"/> Science	
<input checked="" type="checkbox"/> English/Language Arts	<input type="checkbox"/> Music Education	<input checked="" type="checkbox"/> Social Studies	
Select the qualification(s) of the instructors for the above courses:			
<input checked="" type="checkbox"/> Florida Certified Teacher			
<input checked="" type="checkbox"/> Community-based Expert			
<input type="checkbox"/> School Nurse			
<input type="checkbox"/> School Counselor			
<input type="checkbox"/> School Psychologist			
<input checked="" type="checkbox"/> Other <i>Suite360: Mental Health</i> online program			
Please explain the rationale for delivering the instruction in the courses selected above for each grade level.			
K-5: PE – content related			
6: World History – minimal impact to courses with standardized assessments			
7: US History – minimal impact to courses with standardized assessments			
8: Health – content related			
9: HOPE – content related			
10: World History – minimal impact to courses with standardized assessments			
11: English III – minimal impact to courses with standardized assessments			
12: English IV – minimal impact to courses with standardized assessments			

Substance Abuse Implementation Plan

Please describe the methods for delivering the instruction for each grade level.

Grades K-5 students will receive teacher-directed instruction by certified teachers through their physical education classes. Additionally, students in grades 4 and 5 will receive teacher-directed instruction through a curriculum instructed through Tykes and Tweens, a local non-profit, with whom the District has partnered.

Grades 6 – 12 students will independently complete a self-paced computer program that provides differentiated, age-appropriate content. The program will be integrated with *ClassLink*, the District's online portal, so students can access the program either at school or home. An administrator portal enables the certified teacher to monitor each student's progress.

Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.

Grades K-5 certified teachers will use lesson plans developed by the National Institute for Drug Abuse (NIDA). Modules 4 and 5 of the *Brain Power!* program instructs students on learning the habits to keep their brains healthy and learning to protect their brains by taking helpful medicines and avoiding harmful drugs. Additionally, students in grades 4 and 5 will receive instruction in the *Botvin Life Skills* curriculum, an evidence-based program that is conducted by Tykes and Tweens, a local non-profit with whom the District has partnered.

Grades 6 – 12 students will use Evolution Labs™ *Suite 360: Mental Health*, which is an online computer program that addresses not only the mental health requirements that the District plan addressed in the Mental Health Implementation Plan, but it addresses the State Board of Education Rule for Substance Abuse as well. The Substance Abuse lesson (#7 - Prevention of the abuse of and addiction to alcohol, nicotine, and drugs) is differentiated for age-appropriate content, and consists of a 30-minute computer-based interactive activity, followed by a 15-minute self-reflection activity. Students will access the content through *ClassLink*, so students can use the program either at school or home. An administrator portal enables a certified teacher to monitor student progress.

The lesson includes:

1. Pre and post test questions
2. Expert-crafted, grade-appropriate content
3. A plan to H.E.L.P. others
 - Help as soon as you can
 - Empathize with the person
 - Listen without trying to fix it
 - Plan your next steps
4. A plan to A.C.T. for themselves
 - Apply coping strategies
 - Consider your options for help.
 - Talk to a person you trust
5. Local and national resources

Grades 6, 7, and 9 students will also be instructed using the *Alcohol Literacy Challenge* curriculum.

A ready-reference card (2.5" x 4") with emergency and additional-information requests will be provided to each student. Information will include a District APP and email address by which students can confidentially ask questions or ask for help.